

# ANYTIME

## Breakfasty

### Calories Breads

Toasted or not, butter & house jam or herbed cream cheese 5

### Bagels & Eggs

2 eggs nestled in bagel centers, topped with cheddar cheese & green onions , fresh fruit 10

### Granola

Calories' local sour cherry almond granola served with organic yogurt & cherry syrup 7

### Scone

Fresh baked, with whipped cream & house jam 4

## Young or Young at Heart

### Kids Plate

Herbed cream cheese, house smoked ham, fresh vegetables & fruit, chocolate & cookie 7

## House Classics

### Grilled Cheese

Canadian cheddar on Calories' brioche with "pommes frites", grainy Dijon, aioli or ketchup 10

### Charcuterie

A sharing plate of selected cured meats, cheese fondue, pickled vegetables & baguette 22

### Fromages

Three perfect cheeses, fresh fruit, seasoned nuts, Calories' preserve 12

### Steak Frites

Canadian 6oz striploin with local "pommes frites", red wine shallot sauce 18

### Calories' Burger

Our own special seasonings & organic burger bun, provolone, mushrooms, red onion, lettuce, tomato, "pommes frites" & your choice of homemade aioli or ketchup 13

### Moules Frites

"Marinière" or chef's choice, "pommes frites", aioli or house ketchup 14

### Green Salad

Organic greens, local vegetables, house croutons - vinaigrette or creamy dressing 9

### Soup of the Day - Two daily selections

Served with our signature wild rice bread or baguette 6/8

### Pommes Frites

Bowl of European style fries made with local potatoes, homemade aioli or ketchup 6

"Anytime" menu Monday to Saturday 10am to 10pm  
Taxes as applicable. For tables over 8, a 15% gratuity may be added